

Jean Anne Zollars, PT, DPT, MA
1100 Alvarado Dr. NE Suite C
Albuquerque, NM 87110

Dear Client,

July 10, 2026

1. The first session is an evaluative session with minimal treatment. After the first session, I will discuss if my work will assist you, or if a referral is recommended. You also must decide if this approach is the appropriate style and treatment for you or your child.
2. Adult sessions last 45 minutes. Please wear loose fitting clothing and do not eat one hour prior to treatment. For an infant or child, the first session usually lasts 30-45 minutes.
3. This type of work is different than traditional physical therapy. This work is based upon the belief that your body knows how to heal itself. When the tissues are listened to and precisely interacted with, “a little something wakes up”. So, after the treatment, you may experience changes for up to 3-4 weeks. To not interfere with your body’s inherent healing mechanisms, I typically see patients one time every 3-4 weeks. I typically see babies and children once every 2-4 weeks. Please let me know if you are receiving manual therapy from other practitioners, as it may or may not conflict with my treatments.
4. I am a self-pay practice, so do not bill insurance companies, including Medicare. If you are Medicare patient, you can “refuse, of his/her own free will, to authorize the submission of a bill to Medicare” (section 40, chapter 15 of the Medicare Benefit Policy Manual). If this is the case, I will ask you to sign an agreement that states neither you nor I will send claims to any 3rd party payer (Medicare and all secondary insurances) and you will not allow anyone else to send claims on your behalf.
5. If a superbill is necessary for insurance or legal purposes, you must tell me **prior to your first visit**. Your doctor must fax me a **prescription with a medical diagnosis** at (505) 265-9456. If a written evaluation is required for either children or adults for insurance, a \$195.00 fee will be charged separate from the therapeutic session.
6. I accept cash, check and credit/debit cards. A 2.75% convenience fee is added to all credit/debit card transactions. Rates for my sessions:
Adults
\$130.00 (\$120.79 + 7.625% GRT)
\$65.00 - late cancellation fee for less than 24-hours notice

Children - up to age 18. *Amount of time required will be decided between parents and therapist.
\$70.00 – 30 minutes* (\$65.04 + 7.625% GRT), \$90.00 – 45 minutes (\$83.62 + 7.625% GRT)*
\$40.00 - late cancellation fee for less than 24-hours notice

***Both adults & children: Please note that if you do not cancel and are a “no show” you will be charged the full price of the session.**

7. Late Cancellation Fee: When you make an appointment, I reserve this time for you. If you need to cancel your appointment, please give me 24 hours notice, so I can schedule someone else. **If you are sick, please cancel – you will not be charged.** If you do not contact me, you will be charged the full fee for the session. If you have 2 no-shows in 6 months, I will need to terminate your treatment. If anything is unclear, please call me (505)-266-6908. I look forward to working with you!

Jean Anne Zollars, PT, DPT, MA